

# COMMUNITY PANTRY

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The **West Cheltenham Community Pantry** has been set up by the Hesters Way Partnership to support individuals and families in the local community who are struggling to pay for their weekly shop.

The **pantry is a membership scheme** offering a weekly shop for members who will pay £3.50 a week for approximately £15 worth of tinned and chilled foods and household items plus free fresh fruit and vegetables.

Members will also benefit from additional services including things like benefits, work, debt, utilities and wellbeing support.

#### A weekly shop can include;



Fruit & Veg



**Bread** 



Tins & dried food





**Toiletries** 



Chilled & Frozen

Drop in to the Community Pantry to register your interest and to sign up! You can find us at

Unit 2 (in the car park), Hesters Way Community Resource Centre, Cassin Drive GL51 7SU

Call us on **01242 575638** or

email info@westcheltenhampantry.org
website www.westcheltenhampantry.org



**GET HELP / GET INVOLVED / DONATE** 



## COMMUNITY PANTRY

### Please help us if you can by donating

The **West Cheltenham Community Pantry** relies on donations in order to provide quality food and essential household goods to those that need it.

You can donate either by offering a one-off payment, regular weekly or monthly standing order. (See details below) Alternatively we welcome the following items:

#### **Toiletries**

Shower gel
Hand wash
Bars of Soap
Toothpaste
Sanitary towels
Tampons
Shampoo
Conditioner
Toothbrushes

#### Baby / Children's Goods

Nappies (Large Size)
Baby wipes
Baby bubble bath wash
Children's toothpaste
Children's Shampoo
Jars of baby food
Baby milk formula
Dummies

#### **Pantry Food Items**

Rice (brown / white)
Tinned tomatoes
Baked beans
Canned tuna
Fruit squash
Tea bags
Instant coffee
Porridge / cereals
Jars of cooking sauces
Jars sandwich Spread
Tinned kidney beans
Tinned sweetcorn
Tomato puree
Cornflour
Free from items (Coeliac)

#### **Sweet Food Items**

Canned rice pudding Canned custard Jelly / jam Granulated sugar

#### **Household Goods**

Toilet roll
Washing powder
Fluid detergent
Washing up sponges
Washing up liquid

#### **Luxury Items**

Biscuits / Crackers
Tomato sauce
Mayonnaise
Chocolate lunch box bars
Sweets / Crisps

#### Donations can be delivered to

Hesters Way Community Resource Centre, Cassin Drive, Cheltenham, GL51 7SU

**Unit 2b** on Tuesday—Friday between 9.30am—1.30pm **Reception** on weekdays between 1.30pm—5.30pm

Financial donations can be paid via the link on the website www.westcheltenhampantry.org

